



General Mental Health & Wellness Training Offered for Uniformed Personnel

Program Name	Organization	Population	Link for more information	Type of Program	Notes
Mental Health and Well-Being in Emergency Services and Corrections	Dr Drew Anderson	First Responders	https://www.youtube.com/watch?v=x5Mocicq0Ww&feature=youtu.be	Mental Health Training	No Cost
From Corrections Fatigue to Fulfillment	Desert Waters	Correctional Officers	www.desertwaters.com	Wellness training/program	8-hour training that focuses on correctional officer wellness
Towards Corrections Fulfillment	Desert Waters	Correctional Officers	www.desertwaters.com	Wellness training/program	4-hour training for new correctional staff specifically to prepare for working in corrections
An Internal Size-Up	Firefighter Behavioral Health Alliance	Firefighters	https://www.ffbha.org/workshops/workshops-offered/	Mental health training/program	4-hour workshop on stress, PTSD and anxiety
Stress First Aid for Firefighters	National Fallen Firefighters Foundation	Firefighters	https://www.researchgate.net/publication/275335459_Stress_First_Aid_for_Firefighters_and_Emergency_Medical_Services_Personnel	Resilience training/program	
Responder Strong Mental Health Curriculum	All Clear Foundation	First Responders-Corrections, EMS, Firefighters, Law Enforcement*	https://allclearfoundation.org/wp-content/uploads/2021/09/About-ResponderStrong.pdf	Mental health training/program	4-hour training on suicide, stress, post-traumatic stress, injury, and resiliency
Education Class	Code Green Campaign	First Responders-EMS, Firefighters, Law Enforcement	https://codegreencampaign.org/education/	Mental health training/program	2-hour general mental health awareness class

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Management Class	Code Green Campaign	First Responders-EMS, Firefighters, Law Enforcement	https://codegreencampaign.org/education/	Mental health training/program - agency level	2-hour class that covers the scope of the problem, agency culture, reducing employee stress, policies, identifying employees in crisis, and how to assist employees in getting help.
ETLS-GS (Grief Support and Death Notifications)	Emotional Trauma Life Support™	First Responders-Firefighters and EMS*	https://emotionaltraumalifesupport.org/	Mental health training/program	1 day 8-hour class
ETLS-RH (Responder Mental/Emotional Health)	Emotional Trauma Life Support™	First Responders-Firefighters and EMS*		Mental health training/program	1 day 8-hour class
Mental Health First Aid for Fire and EMS	National Council on Behavioral Health	First Responders-Firefighters and EMS	https://www.mentalhealthfirstaid.org/population-focused-modules/fire-and-ems/	Mental health training/program	1 day training
Presentations and trainings in the areas of wellness	Warrior's Rest Foundation	First Responders**	https://www.warriorsrestfoundation.org/what-we-do	Mental health and wellness trainings/ programs	They provide (non-defined) trainings tailored to the agency requests on suicide, substance abuse and line of duty deaths.
Emotional First Aid for First Responders	ArmorUp (affiliated with Safe Call Now)	First Responders**	https://armorupnow.org/training/	Mental health training/program	3-hour training. Safe Call Now also offers peer support training, individual and group training and executive level leadership training

This list of trainings is being provided for informational/educational purposes only. The list should not be construed as an endorsement by OMH or the State of New York of any training. While OMH has attempted to provide current information about the trainings, please be aware that pricing and times/dates may have changed. Neither OMH nor the State of New York shall have any liability arising from anyone's participation in the trainings or the trainings in general. Should you decide to participate in a training, you do so at your own risk.

Table created in partnership with OMH SPCNY and the Education Development Center.